

## Stop-Start-Continue

Generated by [Hypercontext.com](https://hypercontext.com)

A start-stop-continue is a simple team exercise. As the name suggests, there are three parts to it. During each part, you should ask a variety of open-ended questions that get your team thinking and collaborating with one another. Think of it as a constructive checkpoint.

### START

- What do we need to start doing?

Summary:

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Next Steps:

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- Is there a tool, process, or resource that would help us achieve our goals?

Summary:

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Next Steps:

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- What strengths do we have that we aren't currently leveraging?

Summary:

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Next Steps:

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### STOP

- What do we need to stop doing?

Summary:

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Next Steps:

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- Are we doing something that is holding us back?

Summary:

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Next Steps:

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- What do we do that takes up a lot of resources but doesn't product significant results?

Summary:

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Next Steps:

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- Is there a tool or process that isn't working the way it was intended to?

Summary:

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Next Steps:

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### CONTINUE

**What are we doing right that we need to continue doing?**

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Next Steps:

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**What works well that shouldn't change?**

Summary:

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Next Steps:

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